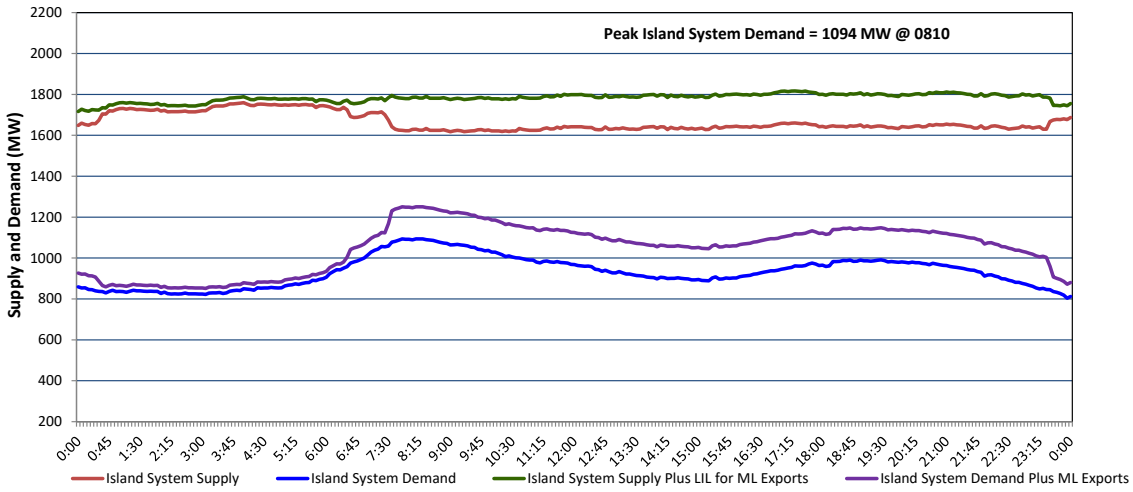
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Friday, October 30, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Thursday, October 29, 2026



Island Supply Notes For October 29, 2026 [1]

A As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).
C As of 0929 hours, October 13, 2026, Upper Salmon Unit unavailable due to planned outage (84 MW).
D As of 0930 hours, October 18, 2026, Holyrood Combustion Turbine unavailable due to planned outage (123.5 MW).
E As of 1348 hours, October 23, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
F As of 1700 hours, October 23, 2026, Hinds Lake Unit unavailable due to forced extension to planned outage (75 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Fri, Oct 30, 2026	**Island System Outlook[2]**		**Seven-Day Forecast**	**Island System Daily Peak Demand (MW)**	
				Forecast[8]	**Adjusted[6]**
Island System Supply:[4]	**1,628**	**MW**	Friday, October 30, 2026	**980**	**930**
NLH Island Generation:[3,7,10]	1,085	MW	Saturday, October 31, 2026	1,060	1,010
NLH Island Power Purchases:[5]	40	MW	Sunday, November 1, 2026	1,140	1,077
NP and CBPP Owned Generation:	180	MW	Monday, November 2, 2026	1,120	1,027
LIL Net Imports to Island:[9]	323	MW	Tuesday, November 3, 2026	1,165	1,072
			Wednesday, November 4, 2026	1,185	1,091
7-Day Island Peak Demand Forecast:	**1,185**	MW	Thursday, November 5, 2026	1,165	1,072

Island Supply Notes For October 30, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Thu, Oct 29, 2026	Island Peak Demand[11]	8:10	1,094	MW
	Exports at Peak		157	MW
	LIL Net Imports to Island		8,264	MWh
Fri, Oct 30, 2026	Forecast Island Peak Demand		980	MW

Notes:
11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).